



100 North Wren Drive • Pittsburgh, PA 15243 • Phone (412) 429-2570 • Fax (412) 429-2572
95 West Beau Street • Washington, PA 15301 • Phone (412) 429-2570 • Fax (724) 228-8822
521 East Bruceton Road • Pittsburgh, PA 15236 • Phone (412) 429-2570 • Fax (412) 714-4591

PRESCRIPTION NAME: Adapalene Gel (Adapalene 0.3%, benzoyl peroxide 2.5%, niacinamide 4%)

COMMON USES: Treat acne, help maintain wellness of skin

BEFORE USING THIS MEDICATION: Tell your provider if you have an allergy to adapalene, benzoyl peroxide, niacinamide or any other part of this drug. Tell your provider about the allergy and what symptoms you had (rash, hives, itching, shortness of breath, wheezing, cough, swelling of face, lips, tongue or throat or any other signs).

WHAT DOES THIS MEDICATION DO?: Contains three active ingredients used to treat acne. Adapalene reduces clogged pores, normalize oil production, prevent new acne, and improves discoloration, and improves shallow scars. Benzoyl peroxide reduces the amount of acne-causing bacteria. Niacinamide has anti-inflammatory effects on pimples and reduces oil production.

HOW TO APPLY THIS MEDICATION: Use this medication as instructed by your provider. Cleanse face prior to application of cream. Apply a pea size amount of cream evenly to entire face (or as directed) at night. Do NOT “spot” treat one area.

COMMON SIDE EFFECTS: You should expect some dryness, itching, redness and peeling with use, especially during the initial 4-6 weeks of use. This typically improves over time. This medication may lighten normal skin color. This medication may make your skin more sensitive to sunlight so you may get sunburned more easily. Use of other skin products while using this medication may cause more irritation.

IMPORTANT INFORMATION:

- Advised your provider of all medication you are taking to avoid any reactions.
- If you have an allergy to adapalene, benzoyl peroxide, niacinamide or other part of this medication, tell your provider.
- Tell your provider if you are taking any medications that may make your skin more sensitive to light.
- May take 4-6 weeks to see optimal results.
- Do not apply to cuts, scrapes, irritated, sunburned or chapped skin
- Always wear a sunscreen with Broad Spectrum SPF 30 daily in the morning when using this medication. Do not apply to sunburned skin.
- You may skip a night if your skin becomes red or irritated
- Stop application 1 week prior to any waxing procedures and request low heat wax.
- Stop application if you become pregnant or are breastfeeding.
- Do not swallow this medication. If swallowed call provider or poison control center immediately.

SERIOUS SIDE EFFECTS: Even though it may be rare, some patients may have very bad and sometimes serious side effects when taking a medication. Tell your provider if you have any of the following signs or symptoms: Signs of an allergic reaction such as a rash, hives, swelling, blistering, wheezing, tightness in the chest or throat, trouble breathing or swallowing, unusual hoarseness, swelling of the mouth, face, lips, tongue, or throat.

If any skin reactions happen, let your provider know. If you have any questions, please call our office at 412-429-2570.